



At-Home

Activities

Day 1:

Familiarization phase: (Warm-up period)

Welcome song:

<https://youtu.be/TFVjU-dsIM8>

Say hello to each other and ask them about the weather. How's the weather today? Is it sunny? Is it cloudy? Is it rainy? Or is it windy? And how are you feeling? Are you happy? Sad? Angry? Tired?

Input phase:

Volcano time! Add baking soda and dish soap to a plastic cup. Fill a squeeze bottle with vinegar, and have your little one squeeze the vinegar into the cup. They'll be amazing at the eruption they create (and they'll be working the little muscles in their hands at the same time!)

Consolidation phase:

We say goodbye with a song: <https://youtu.be/PraN5ZoSjiY>



Day 2:

Familiarization phase: (Warm-up period)

Welcome song:

<https://youtu.be/TFVjU-dsIM8>

Good morning "How are you?" "Happy?" Then ask about the weather. How's the weather today? Is it sunny? Is it cloudy? Is it rainy? Or is it windy?. What colour is the shirt you're wearing?

Input phase:

Fill a baking sheet or tray with salt. Have your little one practice writing their name, letters, and numbers in the tray. They can use their finger or a paintbrush to write. This is a fun way to practice writing without needing any paper or pencils.

Consolidation phase:

Say goodbye with a song: <https://youtu.be/rCr2t34vkIE>



Day 3:

Familiarization phase: (Warm-up period)

Welcome song:

<https://youtu.be/TFVjU-dsIM8>

Say hello to each other and ask them "How are you?" "Great?" Sing the song "if you're happy and you know it clap your hands". Then ask about the weather. How's the weather today? Is it sunny? Is it cloudy? Is it rainy? Or is it windy? What is the colour of the sky?

Input phase:

Choose a new book that you and your little one haven't read before. Stop at different points while you're reading, and have your little one make predictions, or guesses. Stop and ask, "What do you think will happen next?" After you keep reading, revisit their prediction and ask, "Did your prediction, or guess, come true? Why or why not?"

Remind them that it doesn't matter if they were correct or not. All that matters is that they made a prediction and were engaged with the story!

Consolidation phase:

Say goodbye with a song: <https://youtu.be/rCr2t34vkIE>



Day 4:

Familiarization phase: (Warm-up period)

Welcome song:

<https://youtu.be/TFVjU-dsIM8>

Good morning "How are you feeling?" If you are happy and you know it clap your hands. Then ask about the weather. How's the weather today? Is it cloudy? Is it sunny? Is it windy? Or is it rainy?

Input phase:

Freeze small toys, magnetic letters, yogurt pouch lids, or other objects in ice cubes. Have your little one use a spray bottle filled with water to melt the ice and free the toy, letter, or small object.

Consolidation phase:

Say goodbye with a song: <https://youtu.be/rCr2t34vkIE>



Day 5:

Familiarization phase: (Warm-up period)

Welcome song:

<https://youtu.be/TFVjU-dsIM8>

Say hello to each other and ask them "How are you?" Then ask about the weather. How's the weather today? Is it cloudy? Is it sunny? Is it windy? Or is it rainy?

Input phase:

For this activity, you'll need 10 popsicle sticks or craft sticks. Write one number on each stick (1-10). Then have your little one put the corresponding number of rubber bands or hair ties onto the stick. Have them wrap them around the bottom of the stick, which is also great for fine motor practice. Then have them line the sticks up in numerical order.

Consolidation phase:

Say goodbye with a song: <https://youtu.be/rCr2t34vkIE>